



OKLAHOMA PROFESSIONAL PSYCHOLOGY  
TRAINING CONSORTIUM

OPPTC.ORG

Recruitment year  
2024-25

## Prospective Intern Information

### WELCOME TO OPPTC

Thanks for your interest in the Oklahoma Professional Psychology Training Consortium! With all the internship programs from which to choose, why might OPPTC be the best fit for you? Though each site collaborates with agencies, the members of the Consortium are private practices, giving you the opportunity to work with a wide variety of patient populations and psychologists across specialties. While intern selection for primary/secondary sites is based on fit of intern goals and interests, the OPPTC intern will have exposure to all of the OPPTC private practice sites throughout the training year, broadening the experience on the way to health service psychologist licensure.

For the 2024-25 intern class, there are five (5) sites across the Consortium, located throughout Oklahoma; each site offers at least one (1) primary and/or secondary training position. As an OPPTC Psychology Intern, you will have the opportunity to interact with your fellow OPPTC Psychology Interns across sites during both in-person and virtual didactic experiences across the state.

**To apply to be an OPPTC Psychology Intern, you must have completed all coursework at the doctoral level in an accredited degree-granting program in professional psychology. Transcripts accompany the application, along with documentation from the clinical training director of the program that you are ready/approved to apply for the internship year.**

### A CLEAR PATHWAY TO READINESS

OPPTC has adopted the Profession-Wide Competencies (PWC) promulgated by APA to ensure each Psychology Intern receives focused training to prepare you for entry into the profession. The PWC form the basis of the OPPTC Capstones—you'll be able to monitor your progress as your Site Directors and the Director of Clinical Training meet regularly to review your growth with you. The OPPTC Capstones (which are available at [opptc.org](http://opptc.org)) facilitate an evaluation-rich system of feedback and guidance whereby your practice opportunities grow as your skills develop.



#### PROSPECTIVE INTERN INFORMATION

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#### SPECIAL POINTS OF INTEREST

- Greetings from the DCT
- Stipend information
- Assessment and therapy experiences across sites
- Oklahoma: more than OK!



## HEALTH SERVICE PSYCHOLOGISTS WITH TRACK RECORDS OF EXCELLENCE

The Faculty of OPPTC are leaders in health service psychology provision across the state. Among the twelve faculty members of OPPTC are educators, lecturers, consultants, court-vetted experts, current and former board members of the Oklahoma Psychological Association and the Oklahoma State Board of Examiners of Psychologists. There are business leaders with expertise in managing all aspects of owning and running a successful private practice. Need to pivot during a pandemic? We have pioneers in telehealth service provision. CPT codes changing? We have advocates and liaisons shepherding colleagues through the ever-changing landscape of private practice psychology.

Meet the OPPTC faculty at [opptc.org](http://opptc.org). Download the Intern Manual for more information.

*The wealth of knowledge and experience of the entirety of the OPPTC faculty is available to every OPPTC Psychology Intern through didactics.*

### DIDACTIC TOPICS

- Record keeping
- Child custody assessment
- Self-care
- Sexual trauma treatment
- Board complaints
- Forensic testimony
- Peer consultation
- Supervision skills
- Ethical dilemmas
- Guild membership
- Post-doctoral year
- Telehealth competency
- Social media
- Applied behavior analysis
- Disability evaluation
- Geriatric psychology
- Underserved populations
- ...and more

### GUIDING YOU IN MOVING FROM CORE KNOWLEDGE TO APPLIED SKILLS

During your 2000-hour training year, you will have the opportunity to conduct therapy with children, adolescents, adults, and couples, regardless of the site(s) you select. All of our sites also conduct full psychological evaluations for children and adults, including cognitive assessment, personality and projective testing, report writing and delivery of results. You will spend no less than 25% of your time in service provision, with an ever-advancing level of supervised autonomy as core competencies are met. Each site also offers its own unique opportunities for specialized training (see [opptc.org/sites](http://opptc.org/sites)), though each OPPTC Psychology Intern will have a sampling of the array of specialties offered across all sites during the didactic trainings conducted by faculty psychologists.

Along with supervised service delivery (therapy and assessment), you'll develop skills in

- Research
- Ethical and Legal Standards
- Individual and Cultural Diversity
- Professional Values, Attitudes, Behaviors
- Communication and Interpersonal Skills
- Intervention
- Supervision, Consultation, Collaboration
- Reflective Practice



*Oklahoma Professional Psychology Training Consortium: Translating knowledge to practice.*

## WHICH SITE IS RIGHT?

With the collaborative approach of the member sites at OPPTC, we firmly believe there is no wrong choice—we work closely with one another to ensure that your experience is tailored to your interests as an emerging professional.

You can choose both a primary and a secondary site, though that choice doesn't limit your access to OPPTC faculty at other sites. The goal of this internship year is training—it is a rare thing to have the opportunity to follow specialty interests with mentors surrounding you.

### OPPTC SITE SPECIALTY AREAS

**Norman Behavioral Health Group (Norman, OK):** ABA therapy, EAP services, VA/veteran's services, developmental disabilities, business consulting, supervision of psychological technicians and applied behavioral analysis technicians

**Solutions Mental Health (Tulsa, OK):** Military Entrance Processing Command assessment, developmental disabilities, sexual behavior problems, autism spectrum disorder, forensic assessment/family court

**McAlester Psychological Associates (McAlester, OK):** Rural mental healthcare, parenting training, corrections and criminology, telehealth service provision, Social Security Disability, EMDR

**Green Country Psychology (Tulsa, OK):** LGBTQ+, mindfulness, neurodevelopmental disorder evaluation/treatment, forensic assessment, bariatric and medical/surgical evaluations, VA Disability/QTC and Social Security Disability, psychodynamic therapy

**Psychology Specialists of Oklahoma (Oklahoma City, OK):** neuropsychological evaluations, autism spectrum disorder, ADHD, forensic evaluation, child custody and family court testimony, Military Entrance Processing Command

## WHAT TO EXPECT:

The Psychology Internship year begins August 1st and continues through July 31st.

This is a 2000-hour full-time internship. Your certificate of completion will reflect the number of hours. It's noted that 2000 hours is the highest standard across all jurisdictions in the US and Canada

The annual stipend is \$45,000.

No less than 25% of your time will be in direct service delivery. About 20 hours a week will be spent, in general, in supervised provision of direct psychological services.

An evaluation-rich environment with monthly feedback from the OPPTC Faculty and Director of Clinical Training, with guidance and supportive feedback designed for your success in the EPPP 1, EPPP2 and beyond as you enter the profession.

## OKLAHOMA IS BETTER THAN OK!

The cost of living in Oklahoma is among the lowest in the nation—and our stipend is among the highest!

We have beautiful lakes, hills, prairies, forests, and a variety of landscapes to fit the needs of almost any hobbyist. We even have sand dunes for a weekend of 4-wheeling! We have the arts in both Tulsa and Oklahoma City though even our smaller rural communities have festivals and entertainment venues to delight all members of the family.

Oklahoma communities are consistently ranked as the most livable, affordable, safe and friendly in the nation.

We enjoy all four seasons!

## EXPECTATIONS: YOURS AND OURS

Relationships are built on expectations and the most successful ones have clarity. We expect you to be timely and present; you can expect that we will, too. You can expect no less than 2 (two) hours of individual supervision weekly and we will be likewise, timely and present.

Regardless of your primary or secondary site, you're part of your OPPTC Psychology Internship class. We offer ample opportunities to interact with your fellow Psychology Interns. You'll see them once a month at an in-person all-day didactic hosted at one of our Consortium Sites and facilitated by the Site Director and/or health service psychologist OPPTC faculty members at that site. There will be social gatherings across the state to help you connect and network with your faculty and classmates.

This is a no-surprise situation. Feedback is frequent and free-flowing. It goes both ways—we solicit your feedback along the way at regular intervals. We will meet with you no less than monthly to track your progress; your site director(s) will be your primary contact. Likewise, we have an open-door policy with regard to any concerns you may have along the way.



*This year is one you won't forget—we want that to be a good thing.*

## AN EVALUATION-RICH ENVIRONMENT

There are twelve structured signpost feedback sessions with your site director(s)—these are holistic, two-way discussions about progress. The Site Directorate meet with the DCT monthly to make sure you're getting exactly what you need on the road to success. There are two deep-dive assessments, a mid-year and an end-of-year—there won't be any surprises for anyone in this evaluation-rich environment. Please see the Capstones at [opptc.org](http://opptc.org) to explore the specific profession-wide competencies (PWC) and associated objectives measured throughout the year.

## ACCREDITATION

The Oklahoma Professional Psychology Training Consortium is coalescing around the goal of seeking accreditation from the American Psychological Association (APA). When the first two interns are in the program, APPIC will be notified immediately to allow any membership/upgrade available. The first class of OPPTC interns will have the unique experience of taking part in the APA accreditation process. Two of our faculty (Dr. Bart Trentham and Dr. Kathie Ward) have had that experience in 1996, as they had the chance to be instrumental in the APA approval of the Northeastern Oklahoma Psychology Internship Program (NOPIP, located in Vinita, OK)—Dr. Trentham from the perspective of a faculty member and Dr. Ward as a charter member intern. If you are on the proverbial fence about joining OPPTC, the enriching opportunity to participate in the APA accreditation application process is a great thing to consider.

## CLEAR GOALS AND OBJECTIVES DURING THIS TRAINING YEAR—READY FOR EPPP1/EPPP2

The internship year is about moving from foundational knowledge to applied skills. In much the same way, the EPPP1 measures the information you've gleaned from your years of graduate training. The EPPP2 (implemented in some jurisdictions currently, soon to be widely adopted) is an assessment of your ability to apply that knowledge in clinical situations. Years ago (when many of the OPPTC faculty were licensed!), it was common for jurisdictions to use Oral Examinations wherein the prospective licensee would be expected to respond verbally to clinical vignettes and case studies, usually administered by licensing board members in that jurisdiction but have subsequently been discontinued as a practice. The EPPP2 is a standardized, criterion validated experience focusing on the application of knowledge in clinical settings. Our OPPTC Capstone model of training is directly based on the APA PWC (Profession-Wide Competencies) with a focus on moving from knowledge to application thereof. In any internship, you will surely learn about the importance of confidentiality and proper documentation of information release. As an OPPTC Psychology Intern, our guided approach means you'll also be able to discuss conflicts of interest, nuances of the concept of holder of privilege, and have skills to solve complex ethical situations around the topic.



*The Oklahoma Professional Psychology Training Consortium was built ground-up to grow professional private practitioners and professional psychologists who can succeed in virtually any systemic role, as well.*

### A WORD FROM DR. KATHIE WARD, DCT

Welcome to the Oklahoma Professional Psychology Training Consortium. On behalf of the entire faculty, I would like to welcome you to this year-long experience. I know I speak for everyone at OPPTC when I say that we are pleased to have you here and our doors are always open along this journey.

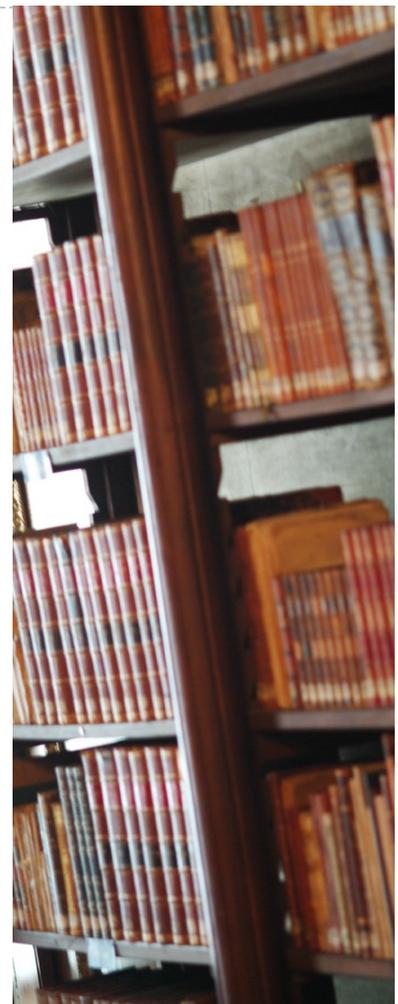
Internship year is often challenging. You may have family who are in another area or you may be entirely out of your cultural comfort zone. While we all expect this will be a year of new experiences, we are determined to help provide acclimation to your new environment.

Key to our success is collaboration. As faculty, we work together to provide a range of training opportunities geared to prepare you for the EPPP-2 and beyond, applying the theoretical knowledge you've learned during your years of study to meaningful clinical practice. Regardless of your Primary and Secondary site(s), you will get to know all of the faculty members of OPPTC as we work together to ensure your training is as well-rounded as possible.

You will also get to know your fellow interns. I'm sure I speak for the other faculty members when I say that those relationships often last throughout your career and beyond.

We expect the year to be rigorous, but not oppressive. Working clinically can expose new clinicians to vicarious trauma, and we will conduct frequent check-ins with you to ensure that your mental health remains a priority. Each of us asks that you join us in this effort by reaching out to one of the OPPTC faculty if in distress.

OPPTC welcomes you!



## **Norman Behavioral Health Group**

Norman Behavioral Health Group  
712 Wall St.  
Norman, OK 73069  
(405) 579-7560  
(405) 579-7563 (fax)  
[office@normanbhg.com](mailto:office@normanbhg.com)  
[www.normanbehavioralhealthgroup.com](http://www.normanbehavioralhealthgroup.com)

Located in Norman, Oklahoma, which is the home of the University of Oklahoma, in the southern-most part of the OKC metro area.

NBHG was established in 2001. The facilities include a 6,500 square foot office with ADA accommodations. The space contains over 20 offices, a large conference room, full kitchen/breakroom, and additional waiting room space for families with young children.

Our clinical staff is made up of licensed psychologists, licensed masters-level clinicians, and psychological technicians. Our support staff are the backbone of the practice and do an amazing job making sure all clinicians can focus on providing quality treatment.

NBHG offers a wide variety of clientele and experiences through our outpatient clinic. These include traditional psychotherapy, psychological evaluations, employee assistance programs, and veteran services as contracted through the veteran's administration. In addition to traditional outpatient experiences, NBHG offers community-based programs for individuals and their families through the state Oklahoma Developmental Disability Services, consultation and training services to area businesses and organizations, and consultation services to various health and mental health organizations across the south OKC metro area.

Interns at NBHG will have the opportunity to participate in all services provided by our clinical staff with the primary focus on their education and being prepared to leave their internship year with a clear understanding of what it means to work in an outpatient mental health setting.

Weekly supervision will be provided throughout the internship by their primary supervisor but will have access to the other psychologist in the office who might bring different experiences and expertise. This access further enhances the interns' educational experience within the NBHG internship site. All clinical documentation reviewed and countersigned by their primary site supervisor throughout the duration of the internship.

NBHG internship experience fully supports and adheres to the mission, goals, and values of OPPTC Internship Capstones. Our team of psychologists and master-level clinical staff, in collaboration with the OPPTC faculty, are committed to guiding the intern from foundational knowledge to functional competencies as they begin their journey into the dynamic field of professional psychology.



## **Solutions Mental Health**

Solutions Mental Health  
5350 South Peoria Avenue  
Tulsa, OK 74105  
(918)749-1991  
(918)747-0197 (fax)  
[btrentham@aol.com](mailto:btrentham@aol.com)

Located directly off Interstate 44 in an area of Tulsa rich in cultural diversity, the 5300 square foot free standing office housing Solutions Mental Health is perfectly poised to serve a heterogeneous clientele.



Solutions Mental Health is a coalition of independent practitioners serving the behavioral health needs of children, adolescents, adults and families. A sliding scale fee is offered to individuals without insurance who are financially unable to pay the full fee. The Solutions Mental Health facility is ADA compliant and boasts a large waiting room (pictured), a separate children's waiting area, nine therapy offices, play therapy room, large conference room, kitchen/staff room, and administrative spaces. Support staff members include an office manager, a receptionist, and an HR/billing coordinator. SMH has a library of up-to-date assessment tools for evaluation of children and adults, as well as computers and office equipment for printing/faxing/data storage.

Psychology Interns at SMH participate in the assessment and treatment of a variety of psychological disorders and diagnoses, including clients with Developmental Disabilities and sexual behavior problems. Additionally, since Tulsa is home to the Dennis R. Neill Equality Center, one of the largest LGBT Centers in the region, opportunities exist for Interns to serve individuals within the LGBT community. Initially, the intern will shadow assessment (from battery selection to administration, scoring, analysis and results consultation) and treatment interventions. Dr. Trentham operates from a solution focused and cognitive behavioral framework and Dr. Cooper from an existential and humanistic framework. The primary early learning objectives for each Psychology Intern involve the active exploration of their own theoretical orientation and developing their ability to connect theory to evidence-based practice. As the Psychology Intern demonstrates developmentally appropriate competence as a scientist-practitioner in clinical planning and interventions, their caseload will grow and diversify. Dr. Trentham or Dr. Cooper will provide supervision and oversight of all services provided by interns. Record-keeping is countersigned and monitored for the duration of the internship.

SMH adheres to and follows the OPPTC Internship Capstones. Dr. Trentham and Dr. Cooper, with support from the SMH team and collaboration with the OPPTC faculty, are committed to guiding interns from foundational knowledge to functional competencies, readying them to enter the field.

Individual supervision occurs every Wednesday at 12pm.

## **Psychology Specialists of Oklahoma**

Psychology Specialists of Oklahoma  
3035 NW 63<sup>rd</sup> St., Suite 227  
Oklahoma City, OK 73116  
(405) 242-6460  
(405) 212-4463 (fax)  
[www.PsychologyOklahoma.com](http://www.PsychologyOklahoma.com)



Psychology Specialists of Oklahoma (PSO) is centrally located in the State of Oklahoma, minutes north of downtown.

PSO was established in 2006. The facilities include 6,500 square feet of office space, which is ADA compliant. The space is comprised of 20 offices for psychologists, post-doctoral fellows, and interns/trainees with bathrooms, kitchen area, and large waiting room. Dr. Steve Sternlof, the owner and managing member of PSO, is a Licensed Health Service Psychologist and on-site full time. PSO includes six other Licensed Health Service Psychologists. Support staff members include a Director of Practice Management, Office Manager, Billing Coordinator, and three Patient Services Assistants. PSO has a comprehensive array of assessment tools for evaluation of children and adults.

Interns at PSO gain vast experience in psychological and neuropsychological testing and assessment. PSO conducts comprehensive psychological and neuropsychological evaluations with children, adolescents, adults, and geriatric populations for a wide range of mental health concerns, including Autism Spectrum Disorder. The intern may also have opportunities to gain experience with inpatient psychiatric assessment, as well as forensic psychology evaluations for Family Court and Department of Human Services. The intern may also participate in consultation assessments for the Military Entrance Processing Command.

Dr. Sternlof maintains competencies in a wide range of psychological diagnostic evaluation methods. Learning objectives for the intern include experience conducting intake interviews, administering a variety of psychological tests, scoring and interpreting findings, writing a psychological evaluation report, and providing feedback to the patient. This is initially done by shadowing, progressing toward taking a lead role with supervision. Record-keeping is countersigned and monitored for the duration of the internship. Regular individual supervision is maintained every Wednesday.

PSO adheres to the OPPTC Internship Capstones. Dr. Sternlof and his team at PSO, in collaboration with the OPPTC faculty, is committed to training, teaching, and supporting the intern from foundational knowledge to functional experiences in order to gain competency for practice within psychology.

## **Green Country Psychology**

7146 S Braden Ave Ste 700

Tulsa, OK 74136

918-878-8072

[www.greencountrypsychology.com](http://www.greencountrypsychology.com)

GCP is the professional private practice of Dr. Joseph James and Dr. Timothy Doty. They have 14 years combined experience conducting therapy for families, individuals, and couples. They also specialize in psychological evaluations for a variety of referral questions. The practice receives referrals for clinical psychotherapy and evaluations from medical hospitals, pediatricians, medical providers, Department of Human Services, Social Security Administration, family court, judges, and attorneys, juvenile court, education system and school districts, therapists and treatment agencies, and private individuals.



A Licensed Psychologist or Post Doctoral Resident at Green Country Psychology can expect to be exposed to treatment modalities informed by psychodynamic/psychoanalytic, systemic and family systems, and cognitive-behavioral perspectives. The practice offers treatment for attention-deficit disorder, relationship issues, spirituality, faith integration, mindfulness, LGBT+, geek-friendly therapy. A significant portion of the practice is dedicated to psychological evaluations: forensic, family, and juvenile court, behavioral evaluations for families involved in child protective services, medical pre-surgery evaluations for bariatric and kidney transplantation. They have entered into offering therapy services through tabletop role-playing games such as D&D.

GCP typically evaluates and treats: Neurodevelopmental Disorders such as ID, LD, ADHD, Autism, Neurocognitive Disorders such as TBI, Schizophrenia Spectrum (not often), Bipolar Disorders, Depressive Disorder, Anxiety Disorders, Obsessive-Compulsive Disorders (not as often), Trauma and Stressor Related Disorders, Somatic Disorders (rare), and Disruptive Behavior Disorders.

Our referral network includes: Several local primary care physicians, pediatricians, and psychiatrists, Oklahoma Department of Developmental Disability Services (DDSD), Social Security Disability Administration (SSD), Several Local Attorneys and Court Systems (Forensic Evaluation Services), Veteran Affairs: QTC and VES (Compensation and Pension Evaluations), Oklahoma Department of Human Services (DHS), St. John Hospital Kidney Transplant Team, and St. John Hospital Bariatric Surgical Team.

Our team of providers includes Timothy Doty, PsyD (Full-Time: Co-Owner): Generalist and Forensic Psychologist, Joseph James, PsyD (Full-Time: Co-Owner): Generalist Psychologist, Victoria Tracy PhD (Part-Time): Child Neuropsychological Specialist, Amber Nipper PsyD (¾ time): Child and Adolescent Specialist, Matt Crowley, TU Practicum Student (Part-time), Pauline Diamond, TU Practicum Student (Part-time), Deanna Smith, SNU Practicum Student (LPC) (Part-time), Cameron Fenimore, Psychological Technician (Full-time). Our support staff includes Candy McCormick, Administrative Support and Billing Specialist, Melissa Holt, reception, and Taylor Funston.

Preferred Treatment Modalities include Psychodynamic, Individual Psychotherapy, Family Psychotherapy, Group Psychotherapy, Psychoeducational Group Therapy. GCP Adheres to the OPPTC Capstone model of training, dedicated to moving the intern from foundational knowledge to functional skill.

## **McAlester Psychological Associates**

McAlester Psychological Associates  
609 S. 2<sup>nd</sup> St.  
McAlester, OK 74501  
(918)302-0203  
(918)423-7002 (fax)  
[www.mactownpsych.com](http://www.mactownpsych.com)



Located in rural southeastern Oklahoma in the midst of the Choctaw Nation, MPA offers interns a unique, small-town practice experience with a culturally varied clientele.

Incorporated in 2004, facilities include a 2,500 square foot freestanding office with ADA accommodations, three therapy rooms, a large waiting room (pictured), kitchen/staff room and additional private office area. Support staff members include an office manager and HR/billing coordinator who have worked for MPA for 10 and 16 years, respectively. MPA has an up-to-date library of assessment tools for evaluation of children and adults, printing/faxing/computers/data storage and a VOIP telephone system for scheduling and smooth communication between departments.

Interns at MPA participate in the assessment and treatment of a wide variety of mental illnesses and diagnoses as often seen in a general practice. It's worth noting that MPA serves 23 counties in rural Oklahoma, so the clinic is often the first referral for physicians, counselors, and community agencies. Initially, the intern will have the opportunity to shadow assessment (from battery selection to administration, scoring, analysis and results consultation) and treatment interventions. Dr. Ward maintains competencies in cognitive behavioral therapeutic interventions and initial learning objectives for the incoming intern includes active exploration of the intern's own theoretical orientation. For example, the intern may observe a therapeutic exchange that sparks a theoretical discussion of, say, a psychoanalytic interpretation of the presenting problem. The goal is the intern's ability to grow in capacity to connect theory to evidence-based practice, emerging with a clinical toolbox that readies them to enter the field as an independent practitioner. As the intern begins to demonstrate knowledge of not only the "what" of the clinical plan but the "why"—generating a meaningful scientist-practitioner explanation of the intervention, the intern becomes ready to take the lead in an emergent caseload with oversight and supervision. Record-keeping is countersigned and monitored for the duration of the internship.

MPA adheres to and follows the OPPTC Internship Capstones. Dr. Ward, with support from the MPA team and collaboration with the OPPTC faculty, is committed to guiding the intern from foundational knowledge to functional competencies as they become readied to enter the field.

Individual supervision occurs every Wednesday at 2pm.

